

EUCALYPTUS (EUCALYPTUS GLOBULUS)

Botanical Name: Eucalyptus globulus

Botanical family: Myrtaceae

Origin:

Plant Description: There are over 500 species of Eucalyptus trees, with tough long and narrow blue-green leaves, creamy white flowers and smooth pale bark. Some Australia species can reach up to 100m height.

Extraction Method: Eucalyptus oil is extracted from the fresh or partially dried leaves and young twigs.

Color: Pale yellow.

Consistency: Watery

Note: Top

Principal Constituents:

a-pinene, b-pinene, a-phellandrene, 1,8-cineole, limonene, terpinen-4-ol, aromadendrene, epiglobulol, piperitone and globulol.

Therapeutic & Emotional Benefits:

In aromatherapy, this essential oil helps to clear the mind and focus concentration, while reducing swelling in the mucus membranes. It is very valuable in fighting respiratory problems.

Eucalyptus oil is useful as a warming oil when used for muscular aches and pains, rheumatoid arthritis, sprains and poor circulation.

Eucalyptus oil has a cooling and deodorizing effect on the body and is an effective mosquito repellent.

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