

## GERANIUM ESSENTIAL OIL (PELARGONIUM GRAVEOLENS)

**Botanical Name:** Pelargonium graveolens

**Botanical family:** Geraniaceae

**Extraction Method:** Essential oil is extracted by steam distillation of leaves & flowers

**Origin:** Jagat, India

**Description:** It is a hairy perennial shrub, often used in hedgerows, and stand up to about one meter high (3 feet) with pointed leaves, serrated at the edges and has pinkish-white flowers.

**Color:** Greenish Yellow

**Common Uses:** The therapeutic properties of Geranium Bourbon oil include the following as an astringent, haemostatic, diuretic, antiseptic, anti-depressant, tonic, antibiotic, anti-spasmodic and as an anti-infectious agent.

**Consistency:** Light

**Strength of Aroma:** Strong

**Aromatic Scent:** Geranium Bourbon is a strong smelling oil with a floral aroma and a hint of mint. This uplifting oil has a great all-over balancing effect and this extends to the skin - where it helps to create balance between oily and dry skin, emotions - where it helps to relieve feelings of stress and anxiety, and the hormone system. The strong smell is particularly good to ward off mosquitoes and head lice and is good to relieve fluid retention and help fight cellulite.