

LAVENDER (LAVANDULA ANGUSTIFOLIA)

Botanical Name: Lavandula angustifolia

Botanical family: Lamiaceae

Origin: England, Australia.

Plant Description:

It is an evergreen woody shrub about 1 meter high (3 feet), with gray-green narrow linear leaves and the most beautiful purple-blue flowers, perched on a long stem

Extraction Method: Steam distilled from the flowers.

Color: Usually clear.

Consistency: Thin and runny

Note: Middle

Principal Constituents:

a-pinene, limonene, 1,8-cineole, cis-ocimene, trans-ocimene, 3-octanone, camphor, linalool, linalyl acetate, caryophyllene, terpinen-4-ol and lavendulyl acetate.

Therapeutic & Emotional Benefits:

Lavender oil has a soothing and calming effect on the nerves, relieving tension, depression and nervous exhaustion. It is effective for headaches and insomnia.

Lavender oil is one of the few essential oils that can be used neat on the skin, and this is especially useful when treating a minor burn wound or relieve itching from insect bites.

Lavender oil is one of the most versatile oils

Alodia Co. Ltd. 779/209, pacharatbhumpen road, samsennok, huaykwang, Bangkok 10310, Thailand.

Tel +662 691 6232; Email: info@alodiathailand.com

www.alodiaspaproducts.com

