

LEMONGRASS ESSENTIAL OIL (CYMBOPOGON FLEXUOSOS)

Botanical Name: Cymbopogon Flexuosos

Botanical Family: Poaceae.

Origin: Thailand.

Extraction Method: Essential oil is obtained by steam distillation of the leaves.

Plant Description: Lemongrass can grow to over 6 feet height, it's leaves are long, thin and pointed.

Color: Yellow-brown, with a light tinge of red.

Consistency: Thin

Aromatic Fragrance: Lemony with rich overtones.

Common Applications: Massage.

Principal Constituents: Citronellol, Dipentene, Farnesol, Geraniol, Limonene, Linalool, Methylheptenol, Myrcene, N-Decylic, Aldehyde, Nerol. Actions Analgesic, Anti-Depressant, Anti-Microbial, Anti-Septic, Anti-Oxidant, Anti-Pyretic, Astringent, Bactericidal, Carminative, Deodorant, Digestive, Diuretic, Febrifuge, Fungicidal, Galactagogue, Insecticidal, Nervine, Prophylactic, Sedative, Stimulant, Tonic. Physical Health Benefits Great for relieving Acne and creating insect repellants

Therapeutic & Emotional Benefits:

Lemongrass has great benefits as a muscle and skin toner and revitalize the body and the mind. Used in burners, it has good deodorizing properties alone or used in combination with other oils like pine. Due to its strong bactericidal properties, it is a perfect essential oil for foot massage or foot products.

