

## MAY CHANG ESSENTIAL OIL (LITSEA CUBEBA)

**Botanical Name:** Litsea cubeba

**Botanical family:** Lauraceae

**Extraction Method:** Essential oil is obtained by steam distillation of fruits (look like green pepper fruits)

**Origin:** China

**Description:** Litsea cubeba are small plants found in tropical areas. The leaves are typically a vibrant green with a pleasant, lemon like smell. It produces small, pepper-like fruits from which the essential oil is extracted.

**Color:** It has a yellow color.

**Consistency:** Light

**Note:** Top Note

**Strength of Aroma:** Litsea cubeba has a medium strength aroma

**Common applications:**

Also known as May Chang, it is most valued for its calming and anti-inflammatory properties. Other therapeutic uses often found with litsea cubeba include as an astringent, antiseptic, insecticide, hypotensive, stimulant and tonic.

