

PATCHOULI (POGOSTEMON CABLIN)

Botanical Name: Pogostemon cablin

Botanical family: Labiatae

Origin:

Plant Description: It is a perennial, bushy plant that grows up to 1 meter (3 feet) high, with a sturdy, hairy stem and large, fragrant, furry leaves, about four inches long and five inches across. It has whitish flowers tinged with purple.

Extraction Method: Patchouli oil is extracted from the young leaves which are dried and fermented prior to steam distillation and yields 2 - 3 %. This oil improves with age to have a fuller, more well rounded odor.

Color:

Consistency: Thin and runny

Note: Base

Principal Constituents:

b-patchoulene, a-guaiene, caryophyllene, a-patchoulene, seychellene, a-bulnesene, norpatchoulenol, patchouli alcohol and pogostol.

Therapeutic & Emotional Benefits:

Patchouli oil has a grounding and balancing effect on the emotions. It is a great oil to blend in Relaxing or De-Stressing massage oils.

The oil is considered a good tissue regenerator, which helps to stimulate the growth of new skin cells.

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