

PALM (ELAIES GUINEEENSIS) OIL

Palm oil is an edible plant oil that is made from the pulp of the fruit of the palm tree. Despite the fact that people throughout Asia have been using it for centuries, many people are unaware of the benefits of palm oil, mostly because it is firstly perceived as a cheap cooking oil.

The oil is fully of fatty acids, as well as an assortment of vitamins, antioxidants, and other phytonutrients. Additionally, the oil has incredibly high levels of vitamin A and vitamin E, making it a great ingredient in skin care products.

When speaking of Palm oil, it is necessary to separate Virgin oil and Refined oil. Virgin palm oil is naturally red. The redness comes from the fact that palm oil is 15 times richer in beta-carotene (vitamin A) than a carrot. Beta-carotene is a carotenoid, which is a chemical found in common foods such as carrots, pumpkins, and tomatoes. Carotenoids are some of the most effective fighters of free radicals that can damage your skin as a result of exposure to UV rays. For this reason, beta-carotene is a wonderful skincare ingredient that can help prevent damage from sunburn and keep your skin from prematurely aging.

Refined palm oil, is a heavy oil with low skin penetration, it is a perfect oil to add in carrier oils when looking for an oil with moderate or low skin penetration.

Alodia Co. Ltd. 779/209, pacharathbumpen road, samsennok, huaykwang, Bangkok 10310, Thailand.

Tel +662 691 6232; Email: info@alodiathailand.com

www.alodiaspaproducts.com

