



SUNFLOWER (HELIANTHUS ANNUUS) VIRGIN OIL

Sunflower oil is obtained from the cold pressing of sunflower seeds. It has a high content of vitamin E which is anti-oxidant and very good for skin. It is this inclusion of vitamin E in sunflower oil that makes it particularly beneficial for bruising and healing scar tissue. Other vitamins that sunflower oil contains are vitamin A and D.



Sunflower virgin oil has a distinctive nut aroma. It is a heavy oil with moderate skin penetration. Its high Omega 6 content make it useful in blends for dry or mature skins.

It is a good oil to blend with salt scrubs as its heavy consistency makes a good balance to any salt harshness.

Alodia virgin sunflower is expelled with a screw press. It is pressed on demand for optimum freshness.

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